

## Mini Tennis

The mini tennis is our entry level to tennis and is played on small courts using low compression balls to allow for maximum player development. We are skilled in dealing with mixed abilities and different development rates. Players are split into two groups of 10 and under year olds.

**Red Arrows ages 4 - 6 years**  
Friday & Saturday at 10 to 11am

**Top Gun ages 6+ years**  
Friday & Saturday at 11am to 12pm

BD 230  
per term

## Development

Our development programme is for our older players aged 10-16 who are beginners up to those showing the potential to develop as proficient players. We have two groups in the programme.

**Next Gen (U12) ages 7+ years**  
Wednesday at 4 - 5:30pm, Saturday at 8:30 - 10am

BD 150  
BD 230  
per term

**Challenger Squad ages 10 - 14 years**  
Sunday 5 - 6:30pm, Wednesday 5:30 - 7pm, Saturday 4 - 5:30pm

*Ramadan Schedule: Sunday 5 - 6:30pm, Tuesday 5 - 7pm and 8 - 9pm, Saturday 6 - 8pm and 8 - 9pm*

BD 260  
BD 195  
per term

## Performance

Our performance programme is for our best and most promising junior players. The group is split into ability levels and are for those with a strong commitment to developing their tennis.

**Elite Squad ages 13 - 17 years (level based)**  
Saturday 5:30 - 7:30pm, Monday & Tuesday 5 - 7pm

*Ramadan Schedule: Monday 5 - 7pm and 8 - 9pm, Tuesday 5 - 7pm and 8 - 9pm, Saturday 6 - 8pm and 8 - 9pm*

BD 260  
BD 195  
per term

## ADULT group sessions

**Beginner and Intermediate**  
Tuesday 7:30 - 9pm  
*Ramadan Schedule: 8:30 - 10pm*

BD 6.5  
per session

**Super Drills**  
Sunday 6:30 - 7:30pm  
*Ramadan Schedule: 8:30 - 9:30pm*

BD 6.5  
per session

**Ladies Morning**  
Tuesday 8 - 9:30am  
*Stops during Ramadan*

BD 5  
per session

## Individual Sessions

For the more serious players who would like to supplement their group lessons with more individual attention, JC's offers our individual lesson program

**Our aims are to offer player development programs of:**

- 10 week full programme
- 5 week mini programme
- 1 individual lesson to work on a specific topic (serves, match strategy, etc.)

Time: Individual lessons run on throughout the week from 8am to 10pm

## Term Dates

### Summer Term

April 11, 2016 - June 30, 2016

### Summer Camp

- Week 1 2 July- 5 July
- Week 2 9 July- 12 July
- Week 3 16 July-19 July
- Week 4 23 July- 26 July

## What makes us different?

- Comprehensive programme
- Regular tournaments
- Great social scene
- Qualified friendly coaching
- Tennis Ladders
- Online payments
- Court booking

**Free trial, try us out today!**

